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# DANDRUFF AND HOMOEOPATHY

The word dandruff is derived from Dand (origin unknown) and hurf, meaning "scab". This is probably linked to the Old Norse word hrufa, meaning "scab". The Old High German word hruf means "scurf".

## • Definition:

✓ Dandruff is the presence, in varying amounts, of white or gray scales in the hair of the scalp, due to excessive or normal branny exfoliation of the epidermis as a consequence of the common, asymptomatic, fluffy, clinical expression of Seborrhoeic dermatitis of the scalp and has been referred to as Pityriasis sicca, scurf or Pityriasis simplex capillitii.

## • Pathogenesis :

✓ The disease is characterized by scaling (Psora/ Sycosis) on an erythematous base (Psora). The scale often has a yellow, greasy appearance. Itching may be severe (Psora). Dandruff causes flakes of skin to appear (Psora/ Sycosis). When the skin cells on our scalp are renewed the old ones are pushed to the surface and out of the scalp. With dandruff, the renewal of skin is faster. Skin shedding maker the dugout replace more noticeable.

## Types

- ✓ Dandruff can be chronic or the result of certain triggers (Causa occasionalis). Erythema paranasale, more common in young women than men, may be part of this disease spectrum.
- $\checkmark$  There are three main types of dandruff.
- 1. OIL- RELATED DANDRUFF |It occurs from bad hygiene practices. Sebum, if left, can combine with dead skin and dirt to form dandruff.
- 2. YEAST- RELATED DANDRUFF |It is formed due to the presence of a fungus Malassezia furfur;

Present on most everyone's scalps without causing problems with dandruff (Pseudopsora). Whenever excess skin oil is present on the scalp (Psora/ Sycosis), the oil provides enough food forth fungus to grow out of control. It causes the skin to become irritated and form additional skin cells on the scalp.

3. DISEASE- RELATED DANDRUFF |It forms as a secondary side effect of scalp conditions, e.g. psoriasis (Psora/ Sycosis/ Syphilis). As the additional skin cells shed, they can combine with sebum oil into dandruff. In eczema (Psora/ Pseudopsora), dry flaky skin on the scalp can fund to dandruff formation.

## • Causes:

- ✓ Its etiology is unknown. Involvement of sebum is supported by clinical observations of people with Parkinson disease, who typically show increased sebum production secondary to dopamine deficiency and have a markedly increased incidence of Seborrhoeic dermatitis.
- ✓ Dandruff can occur if the scalp is frequently exposed to extreme temperatures. Excessive flaking may be caused by an underlying illness or condition, such as psoriasis, Malassezia furfur infection, Seborrhoeic dermatitis, or even head lice.

# • Clinical picture:

- $\checkmark$  There are white flakes of skin on the scalp, and hair.
- ✓ Flakes may be oily looking
- ✓ Head may feel tight and itchy
- ✓ Head may feel tingly
- ✓ Head may feel sore
- ✓ Red, flaky, greasy patches of skin (adults, Seborrhoeic dermatitis of the scalp in adults)
- ✓ Crusting and scaling rash on scalp (babies with Seborrhoeic dermatitis, orcradle cap)
- ✓ It classically involves regions of rich in of sebaceous glands, such as the scalp, forehead, especially the glabella, external auditory canal, retroauricular area, nasolabial folds, and the presternal area.
- ✓ In infants, Seborrhoeic dermatitis presents as cradle cap. Here it can also be part of Leiner disease, in which the condition is generalized and associated with diarrhea and failure to thrive.
- ✓ A severe form of Seborrhoeic dermatitis that is difficult to treat is seen in many HIV– infected individuals with low CD4 counts.

# \* Dandruff and Homoeopathy

Agar, All- S, Aloe, Alum, Am- M, Anac, Ars, Ars- Br, Asim, Aur, Bad, Bar- C, Bran, Bros- Au, Bry, Bufo, Calc, Calc- P, Calc- S, Canth, Carbn- S, Carc, Cean, Chinin- S, Choc, Cic, Citl- G, Coch, Crot- H, Dulc, Dys, Fl- Ac, Germ- Met, Granit- M, Graph, Grat, Hep, Hera, Hydr, Hydrog, Ictod, Iod, Jab, Kali- Br, Kali- C, Kali- Chl, Kali- M, Kali- P, Kali- S, Kola Kreos, Lach, Led, Lyc, Mag - C, Mag- P, Maland, Med, Merc, Mez, Nat- M, Nicc, Olnd, Par, Petr, Phos, Porc- M, Positr, Propr, Psor, Quill, Rad- Br, Rhus- T, Rosm, Rutasanic, Saroth, Sep, Sil, Stann, Staph, Sul- I, Sulph, Term- C, Thuj, Tritic- Vg, Tub, Uran- Met, Urt- U, Vanil.

# • Repertory of Dandruff:

- ✓ Brows dandruff Sanic.
- ✓ Dandruff itching Med.
- ✓ Dandruff scaly, profuse Sanic.
- ✓ Dandruff white Ars, Kali- M, Mez, Nat- M, Thuj.
- ✓ Dandruff yellow Calc, Kali- S.
- ✓ Eyebrows lashes dandruff Sanic.
- ✓ Eyes ERUPTIONS, eyes eyebrows, about the dandruff Sanic.
- ✓ FACE DANDRUFF eyebrows Sanic, Sulph.
- ✓ FACE DANDRUFF, beard Chinin- S.
- ✓ FACE ERUPTIONS dandruff, eyebrows Sanic.
- ✓ Generals HAIR, general, head and body falling, out, of hair- dandruff, due to − Am- M, Kali- C, Thuj.
- ✓ HEAD DANDRUFF greasy skin, with Maland.
- ✓ HEAD DANDRUFF horny Kola
- ✓ HEAD DANDRUFF itching, Med.

- ✓ HEAD DANDRUFF itching Med, Positr, Propr, Ruta.
- ✓ HEAD DANDRUFF occiput Nat- M, Sep.
- ✓ HEAD DANDRUFF scaly profuse Sanic.
- ✓ HEAD DANDRUFF scaly Sanic, Term- C.
- ✓ HEAD DANDRUFF scaly, profuse − Sanic.
- ✓ HEAD DANDRUFF skin, with greasy Maland.
- ✓ HEAD DANDRUFF white Alum, Ars, Choc, KALI- M, Kola, MEZ, NAT- M, Olnd, PHOS, THUJ.
- ✓ HEAD DANDRUFF yellow Calc, KALI- S.
- ✓ Head DANDRUFF, scalp copious, falls out in clouds Phos.
- ✓ Head DANDRUFF, scalp enormous Canth, Kali- S.
- ✓ Head DANDRUFF, scalp headache, with, in pregnancy Calc.
- ✓ Head DANDRUFF, scalp herpetic circles like ringworm, in Sep.
- ✓ Head DANDRUFF, scalp herpetic Graph, Nat- M.
- ✓ Head DANDRUFF, scalp scaly haircomes out, skin peels off with itching and smarting Staph.
- ✓ Head DANDRUFF, scalp scaly Canth, Kali- S, THUJ .
- ✓ Head DANDRUFF, scalp smells, badly Lyc, Psor.
- ✓ Head DANDRUFF, scalp weather, worse in change of Dulc.
- ✓ Head DANDRUFF, scalp white flakes, in, with itching − Kali- M.
- ✓ Head DANDRUFF, scalp white white and dry Mez, Nat- M.
- ✓ Head DANDRUFF, scalp white Alum, Choc, Kali- Chl, Kali- M, Mez, NAT- M, Phos, THUJ.
- ✓ Head DANDRUFF, scalp yellow Kali-S.
- ✓ HEAD DRYNESS hair- falling, and, with dandruff Kali- C.
- ✓ HEAD External dandruff occiput, on Nat- M, Sep.
- ✓ HEAD External dandruff Alum, Ars, GRAPH, Kali- C, Olnd, Phos, Stann, Sulph.
- ✓ HEAD FALLING out, hair, alopecia dandruff, from − Am- M, Thuj.
- ✓ HEAD HAIR affections of falling out, alopecia dandruff, due to Am- M, Thuj.
- ✓ HEAD Scalp Dandruff Am- M, Ars, Bar- C, Bran, Bry, Fl- Ac, Graph, Hep, Hera, Iod, Kali- S, Lyc, Nat- M, Phos, Sanic, Sep, Sil, Sul- I, Sulph, Thuj.
- ✓ Pregnancy HEADACHES, during pregnancy dandruff, with Calc.
- References
  - Seborrhoeic Dermatitis & Dandruff CURRENT Medical Dx&Tx> Chapter 6. Dermatologic Disorders > Common Dermatoses > Scaling Disorders
  - 2. Seborrhea Dermatology > Chapter 22. Seborrhoeic Dermatitis
  - 3. Antiseborrhea Agents Basic & Clinical Pharmacology, 12e > Chapter 61. Dermatologic Pharmacology
  - 4. Seborrhoeic Dermatitis Harison's Online > Chapter 52. Eczema, Psoriasis, Cutaneous Infections, Acne, and Other Common Skin Disorders > Eczema and Dermatitis
  - Seborrhoeic Dermatitis Tintinalli's Emergency Medicine > Chapter 134. Rashes in Infants and Children > Common Neonatal Rashes
  - Dandruff CURRENT Diagnosis & Treatment: Pediatrics> Chapter 14. Skin > Common Skin Diseases in Infants, Children, & Adolescents > Dermatitis (Eczema)
  - Seborrhoeic dermatitis has both infantile and adult forms. The infantile form is called "... Tintinalli's Emergency Medicine > Chapter 246. Disorders of the Face and Scalp >Seborrhoeic Dermatitis
  - 8. Figure 144- 5. Cradle cap in an infant that also has atopic dermatitis. (Courtesy of Richard P.... The Color Atlas of Family Medicine > Chapter 144. Seborrhoeic Dermatitis > Diagnosis > Clinical Features

Devotion

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- 10. Radar 10
- 11. Encyclopedia Homoeopathica

## 🖎 Compiled By Internee:-

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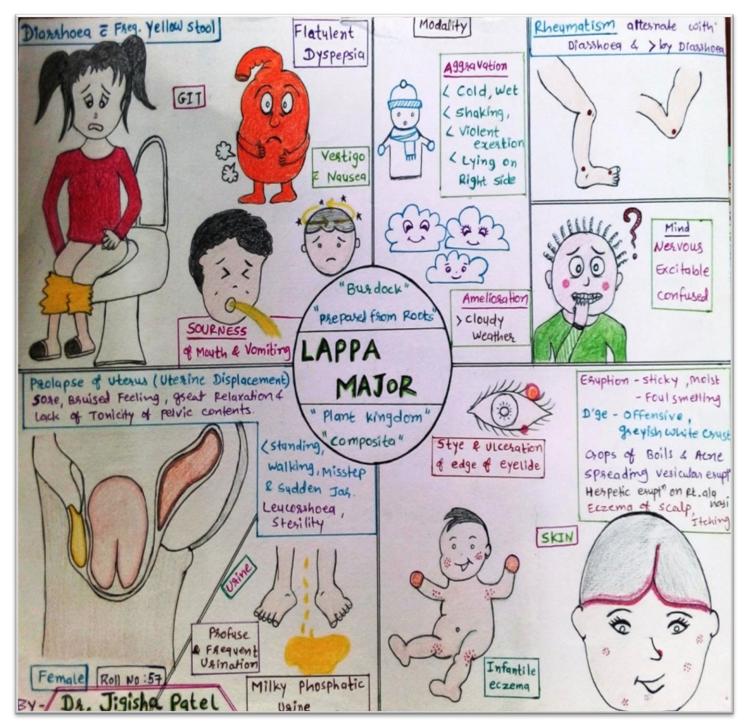
- Charmi Shah Ekta Ruparel
- Ishwa Soman
- Ishwa Soman
- Kumari Devisarvaiya
- Prana Senta

પરીક્ષા એ આપણા આત્મવિશ્વાસ અને આવડતનો વાર્ષિકોત્સવ છે. "જ્ઞાન તણી પિચકારી લીધી હવે આવી જાઓ મેદાનમાં, રંગ સઘળા તૈયાર છે મુજ જ્ઞાન ભંડારના, તમે કહો તો રંગી નાખુ મેઘધનુષ આ પાનમાં, ઓ પરીક્ષા રાશી આવો, રંગાઓ આ રંગમાં જવાબવહીના પાને પાનાને રંગી નાખીશ્વ હુ રંગમાં, શબ્દો તણી વર્ષા દ્રાશી આવો, રંગાઓ નાખીશ્વ હુ રંગમાં, આત્મવિશ્વાસથી છલકાતો હું ઊભો છુ તારા દ્રારમાં ઓ પરીક્ષા રાશી આવો રંગાઓ મારા રંગમાં....... ઓ પરીક્ષા રાશી આવો રંગાઓ મુજ રંગમાં....... આ પરીક્ષા રાશી આવો રંગાઓ મુજ રંગમાં.......

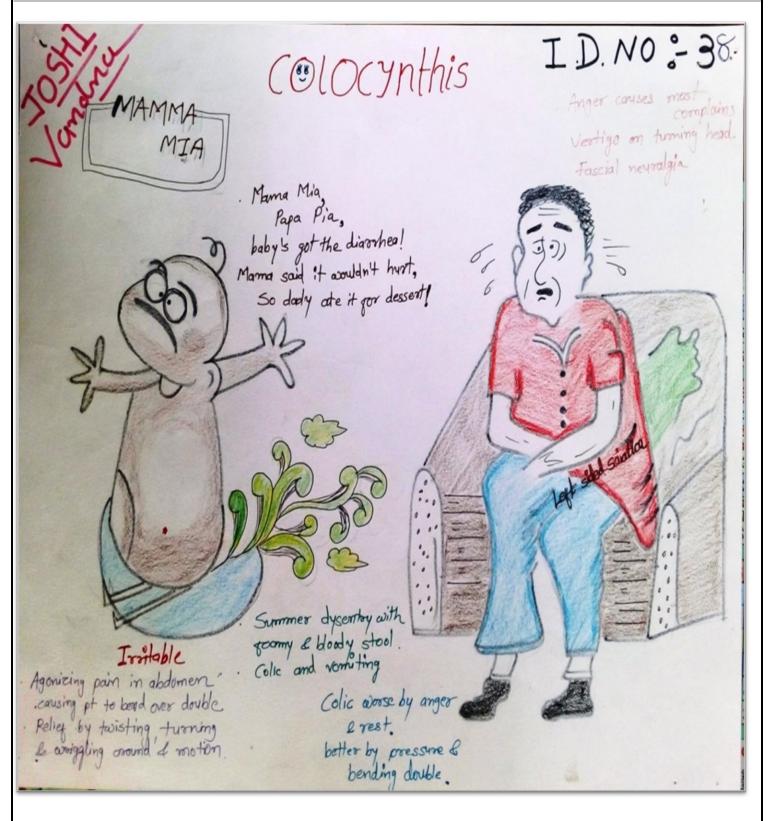
લિ.બોરડ પલક ( ઈન્ટર્ન)

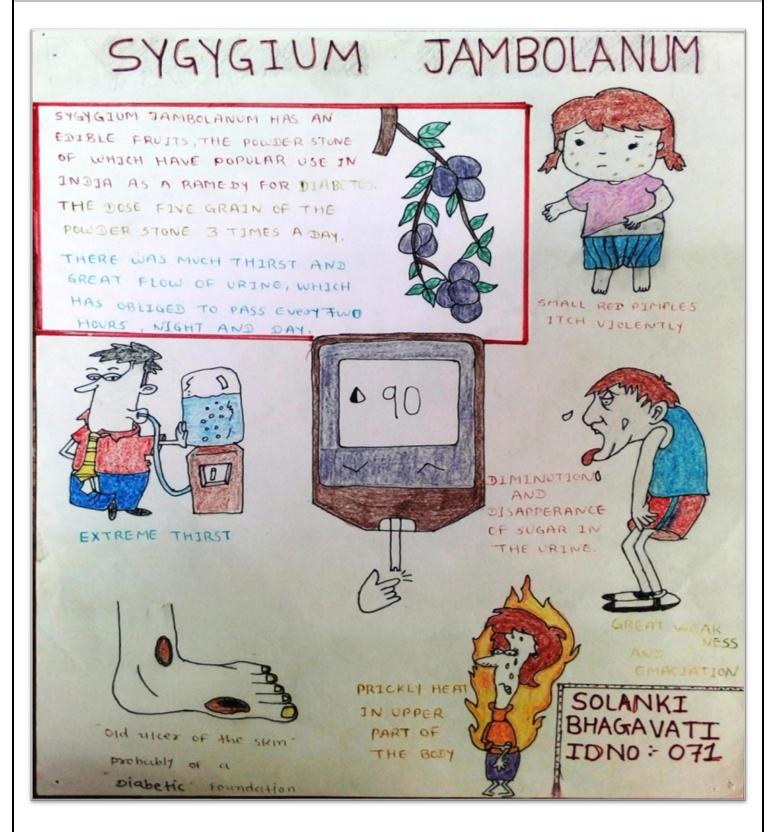
## **Students Activity**

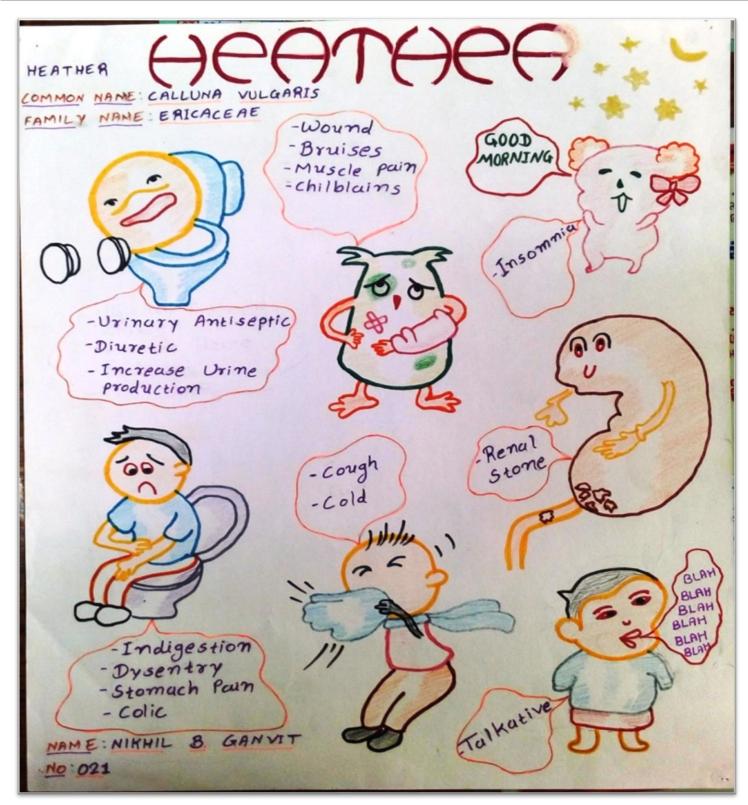
# Drug Pictures:



## HOMOEO LAKSHYA







# HORN BEAM

111

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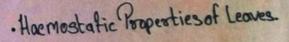
Family; Betulaceae. TANNIN; - Antibiotics,

- Astringent - Healing Properties.

- Stress - Anxiety - Depression - Insomnia

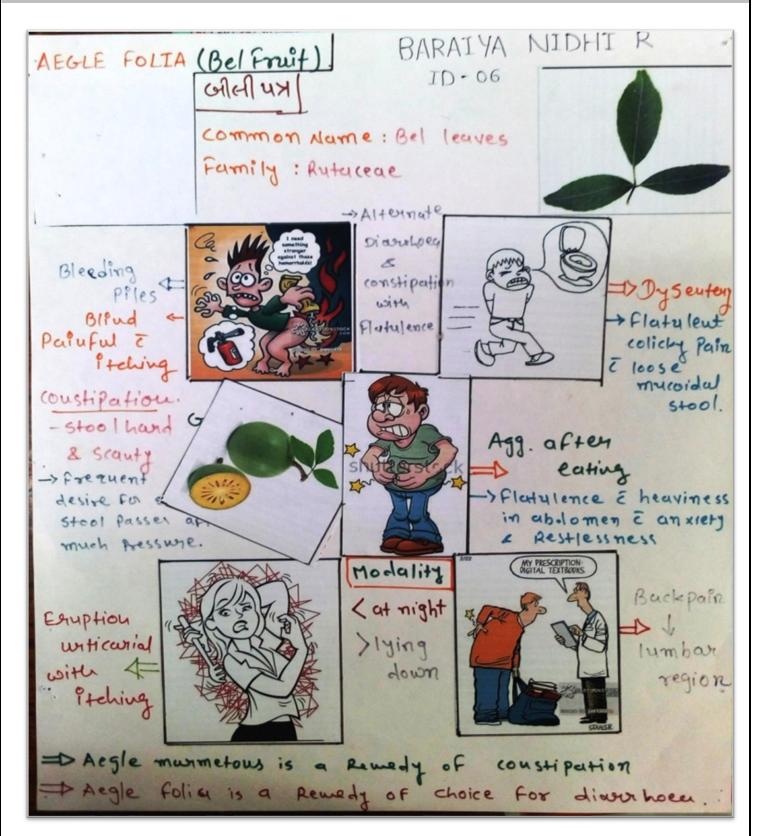
-> Puffy Eyes. -> Conjunctivitis. -> Sore Eyes -> Sensitive Eyes -> Dark Circle. -> Circle. -> Effective useful in, -> various hair problems. -> Hair Growth. -> Development of hair follicle. Scientific Name; Corpinus.

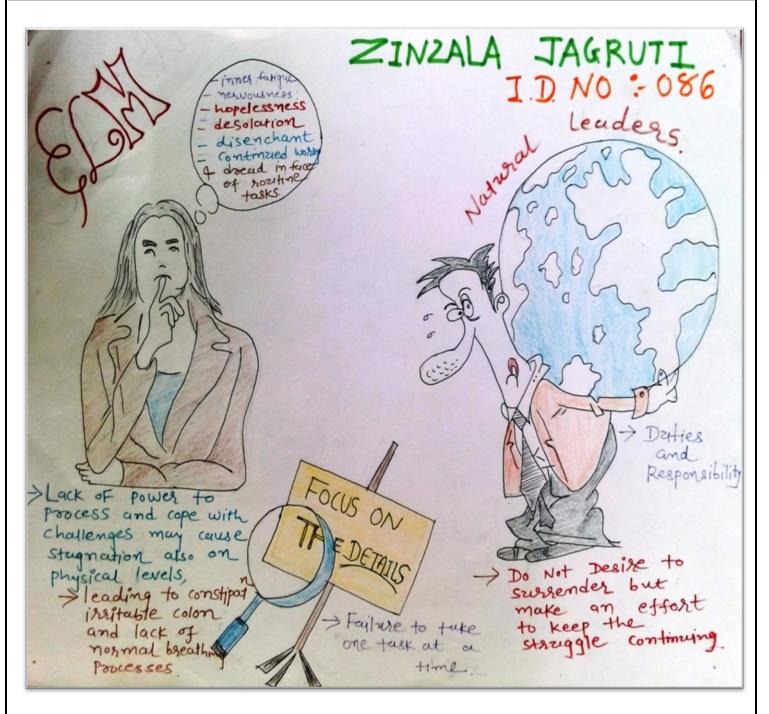
Mental Fatigue.
Physical tiredness.
It helps in boosting energy Levels & increase vitality



Quick healing of
 wounds
 cuts
 Bruises.
 Burns.
 Other minor injuries.

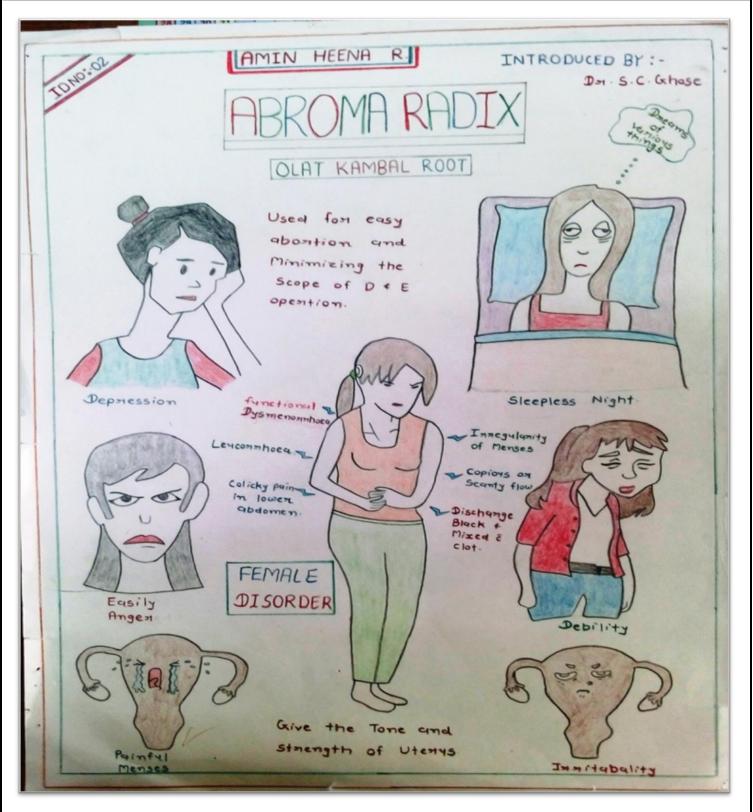
It also useful in -Common cold. -Coughs. -Nasal & Chest Congestion. -Some throat. -Headache.





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HOMOEO LAKSHYA



Dedication

# **College Activity**

✓ Prevention is better than cure....boost the immunity. Fight against viral infection...as per Guidelines by Ministry of AYUSH...work done by students of Swami Vivekanand Homoeopathic Medical college...team Rotaract Club of SVHMC Bhavnagar, ROTARY CLUB OF BHAVNAGAR ROYAL for people who leaving on road sides, to give them BIG SMILE; by distributing Ars.Alb 30.



HOMOEO LAKSHYA

Also distributed Ars. Alb. 30 to boost up immunity to all the 35000 students of **M.K. Bhavnagar University** during their university examination.





# HOMOEO LAKSHYA



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