

Discipline

Dedication

Devotion



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**IMPORTANCE OF DREAMS IN HOMOEOPATHIC CASE
TAKING & PRESCRIBING**

Dr. Girish Patel

Principal & Director

Dr. Manisha Boricha

Professor, Dept. of Organon of Medicine & Homoeopathic Philosophy

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ABSTRACT

Dreams are the most sensitive part of mind. Dreams have many themes among them animal are very common and fascinating. Children experience more dreams compare to an adult esp. animal one. Interpretation of these dreams can be helpful to prescribe medicine homeopathically as the pathy is based on individualization and holistic approach in which it can be a helpful key symptom.

KEY WORDS

Animal Dream, Case taking, Dreams, Holistic approach, Homoeopathy, Individualization, Prescription.

INTRODUCTION

Homoeopathy is a science of therapeutics which give importance to the patient as a whole which include his/her physical as well as mental state rather than just prescribing on disease symptoms. To individualize a person, it is very important to differentiate characteristic symptoms from the symptom totality. This symptom will help to achieve the goal of prescribing most similar remedy. Characteristic symptom can be a causative symptom, concomitant symptoms, physical generals etc. Among all these symptoms, "DREAM" is something which can be a key to open the window for the further process of case taking as well as prescribing.¹ "Dream is a mystery", in history it was interpreted

differently by our stalwarts like, according to Egyptians – it is a message sent by Gods or relate to psychological problems according to Assyrians and Aristotle².

Dream can be explained as², “desires; the repressed, restrained and frustrated desires that generated in conscious mind shift to the unconscious mind and stay there in latent form, later they are manifested in the form of dream”.

Crude word meaning of dream is “joy” and “music” which traced back to 13th century from a word ‘Dreme’ (Anglo-saxon).²

A normal human dream one-third to fourth-fifth of sleep time and 4-7 dreams for one or two hours every night.² Brain’s condition is different in both the situation – waking & dreaming.³ Human mind allows the inner conflicts to enter into the state of nothingness – a deep sleep; which express as a dream.⁴

Sigmund Freud stated that⁵, “dream is a royal road to the unconscious and the content of dreams can provide important information about the dreamer.”

INTERPRETATION OF DREAM:

Carl Jung- the founder of analytical psychology said that⁶, “the most likely reality is that there is no such thing as body and mind but rather they are the same life subject following the same laws”.

Patient’s dreams are subjective entities & understanding the essence of dreams will reveal the state of a patient's mind as it represents the most sensitive part of the mind.^{7,8} Hence, dreams play a vital role in diagnosing the patients' mental state in any given case.⁵

Interpretation and understanding of dreams are the technique of understanding content of dreams to express underlying motivations or symbolic meanings and representations.⁹ It can be useful because the themes of dreams can be linked to the suppression of unwanted thoughts which ultimately result into an increased occurrence of that suppressed thought in dreams.¹⁰

In aphorism no. 211 (6th edition), Dr Hahnemann has said that “this preeminent importance of the emotional state holds good to such an extent that the patient’s emotional state often predominates in the selection of the homoeopathic remedy”.¹¹

Many homeopaths do not give much importance to dream interpretation in their practice while some believe dreams are very important in individualization.

"Dreams" holds a marked place in anamnesis that they become unusually marked mental generals which may overrule the particulars.¹²

“A dream that is not understood remains a mere occurrence; understood, it becomes a living experience.”

– Carl Gustav Jung¹³

There are varieties of themes available which help to differentiate the dreams. Among the Animal dream is one of the fascinating and quite helpful for prescribing a medicine. Animal usually symbolize as unconscious need and natural impulses present during the waking time which have many fold speculations about their meaning^{14,15}. This study of dream by interpreting the symbols are known as Oneirology.¹⁶ Past observational research indicated that children dream more often about animals than adults and dogs, cats, and horses are the most frequent animals that appear within dreams¹⁶.

THEME	INTERPRETATION
Attacked by dog	Role as faithful and loving partner in waking life who are disappointed from opposite person because of lack of reciprocation ¹⁴ .
Becoming friend with wild animal	Increase in awareness and understanding of intuitive nature ¹⁴
Snake	Possibilities for development. Ability to grow and develop ¹⁴ .
Surrounded by snakes	Facing plenty of opportunity to change yourself ¹⁴
Threatened by a spider	More fundamental need will explore more satisfaction will be achieved. Worried about emotionally entangled in a particular situation ¹⁴ .
Virus	Afraid of being influenced by others. Some ideas and thoughts producing irritability. Taking suggestion and negative attitudes from other may affecting ¹⁴ .
Zoo	Filling of caged in real life Certain abilities are unnoticed by others ¹⁴

Miasmatic view about the Dreams:

Dreams can be helpful to find the presenting miasm also in individual case¹⁶

MIASM	SYMPTOM
Latent psora	vivid dreams, as if awake or sad, frightful anxious, vexing, lascivious dreams
Psora	Fearful images and distorted faces appear, anxious and frightful dreams
Sycosis	sexual dreams with fantasies
Syphilis	Sexual dreams with perversions and suicidal dreams dreams of violence; destruction, death and dead bodies, and gloomy forebodings
Tubercular	Dreams of travelling ¹⁶

Physician suffers from some problems while interpreting dreams, like,

1. Used symbol have highly personal meaning although analysis believes - certain common symbol to stand for particular ideas.
2. Part of dream may be illogical or confusing.
3. Part of dream are forgotten³.

These types of difficulties make physician confuse to use dream for prescribing most similar remedy.

CONCLUSION

Homoeopathy is a holistic science which consider person as a whole not in fragments. To know the person individually, it is important to focus on the inner man. Characteristic symptoms are the window which to understand it. Among them dreams are one of the helping key symptom to proceed in case taking process for prescribing most similar remedy. Dreams have many themes among them animal in a dream are quite common as well as fascinating to understand because of its wide variety of interpretations. This type of understanding can also help to know the miasm of the patient which again help to find most similar remedy. To use dream for prescribing the most similar remedy, a physician should also sound with the knowledge of interpretation of dreams.

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[Michael Schredl https://orcid.org/0000-0002-8031-6608](https://orcid.org/0000-0002-8031-6608) Michael.Schredl@zi-mannheim.de and [Mark Blagrove](#), Animals in Dreams of Children, Adolescents, and Adults: The UK Library Study - Michael Schredl, Mark Blagrove, 2021

STUDENT CORNER

POTENTIAL ROLE OF 50 MILLESIMAL POTENCY IN HOMOEOPATHY – SCOPE AND UTILITY

By

Dr. Kruti Vaghela & Dr. Priyanshi Moradiya (S.Y.BHMS)

Guided By:

Dr Twinkle Raval, MD Homoeopathy, Assistant professor in department of Physiology and Biochemistry,

ABSTRACT:

Homoeopathy is a system of medicine which is based on many principles. Individualization of patient is a very important basic point for the homoeopathic prescription. 50 Millesimal potency is invented for providing better & fast result to find the cure. This potency has many advantages over the other scales. This article is tries to explain about the scope and utility of 50 millesimal scale potency in Homoeopathic cases.

KEY-WORDS:

Homoeopathy, L.M. Potency, 50 millesimal potency, Potency, Potentization, Susceptibility.

INTRODUCTION:

“The use of LM potencies call for more investigations, so that this treasure of the 6th edition of Organon is not lost”.

- Dr. Luc de Shepper.¹

Homoeopathy, as a therapeutic system of medicine, heavily dependent on the individualization and factors which will help to achieve that.² It includes the cardinal principles, theory of miasm, susceptibility, etc. which are as fundamental and eternal as the sun and the moon.^{3,4} The ultimate goal is to reach at the level of cure by using all the base blocks of case taking for individualization of the patient. This diversity will reflect at many levels during the journey of treatment among which most important one is choosing potency and dosage or in other word – Potentization and Posology.³

Potentization can be define as³, “methamatico-mechanical process by which the inner qualities of the substance come out and it became active dynamically”. This process will help to equalize the force of dynamic energy at both parallel level – patient with a disease process and artificial moribific agent.³

Founder of Homoeopathy, a German physician – Dr Samuel Hahnemann, was the one who conceived the idea of using potentized medicine in treatment as well as proving purposes. In the quest of finding most suitable potency, he used all the forms of medicine starting from mother tinctures to the centesimal scale potency and ultimately reached to the destination as 50 millesimal potency about which he mentions in his book's last edition – 6th edition - Magnum opus – Organon of medicine.³

Though many stalwarts and Master himself explain its usefulness in many instances, still very few physicians are following this method sincerely. There are many reasons for not using it but among them the most common ones are its posthumous publication which leads to many doubts among the practitioners for its reliability. Dr Hahnemann done 1836 prescriptions of 50 Millesimal potency and significant number of experiments with the prevailing scale – centesimal scale and the new one during the time period of 1837 to 1843 which leads to the idea of its superiority above the older one.¹

SCOPE AND UTILITY OF 50 MILLESIMAL POTENCY:

All the famous and path breaking researches in the past or even today's time are based on one principle which is often attributed to the Greek philosopher Plato^{3,5} – “NECESSITY IS THE MOTHER OF INVENTION”.

The invention of 50 millesimal or L.M. potency was also following this principle. The quest of finding most perfect and suitable potency which can replace the existing potency by eliminating their disadvantages and also providing some beneficial points to the patient.¹

Dr. R.P. Patel stated that⁶, “after giving more than 30,000 prescriptions, I have observed only 2 times ‘aggravation’ and never antidoted, but stopped repetition.”

Dr Hahnemann explains this potency as⁷, “this method of dynamization (the preparations thus produced, I have found after many laborious experiments and counter-experiments, to be the most powerful and at the same time mildest in action, that is, as the most perfected) the material part of the medicine is lessened with each degree of dynamization 50,000 times, yet incredibly increased in power”.

Advantage of L.M. Potency:

At Patient level	At prescription level
Hyper sensitive patient	Frequent repetition
Hasten the Cure	Least quantity of material doses ¹
Least chances of Aggravation	Rapid Effect ²
Better outcome ¹	
Gentle Action ²	
Holistic Healing ⁸	

This scale can be useful for following disease types or conditions:

- Acute Conditions: Cases of fever, infections, and acute inflammations, etc.
- Chronic Diseases: Effective in managing deep seated chronic conditions -arthritis, asthma & hyperallergic reactions, and skin disorders, etc.^{2,4}
- Mental and Emotional Disorders: treating anxiety, depression, and stress-related conditions.
- Palliative Care: Improves quality of life in terminal illnesses without any adverse effects.²

Dose of L. M. Potency:

PRESCRIPTION	REPETITION
For acute and chronic conditions: 2 drops directly to the tongue. In very urgent cases: drops sublingually. For greater effectiveness: add two drops of the solution to a teaspoon of clean water - can cause the medicine to touch more nerves in the tongue instead of taking two drops directly. Can be prescribed by olfactory method also – It recommended to aspirate the medicinal solution 8, 10 or 12 times according to the sensitivity of the patient (8 times for a very sensitive patient, 10 times for a less sensitive patient and 12 times for the least excited and sensitive patient). ⁴	Take the medicine every hour or more often in very urgent cases. Acute illness – the drug is repeated every two to six hours. Chronic disease –daily or on alternate days. ⁴

CONCLUSION:

As an individualization based medical system, homoeopathy not only contain number of medicine but also try to prescribe most suitable potency to achieve cure speedily. Among many potencies the 50 millesimal scale is the most perfect and suitable potency above all the others. It has many advantages with wide variety of utility to cater large number of patients with any nosological diseases starting from acute to the severe pathological chronic.

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Educational Visit of Third BHMS (2024-2025) Conducted at Sarvottam Dairy-Sihor



CME
On Occasion of Mental Health Day (10th Oct)
Awareness about mental health issues and mobilize efforts to support mental well-being

 11-October-2025

 03 :00 P.M. Onwards

 College Campus

-Speakers-

Dr. Nita Yadav Solanki
Rehabilitation Psychologist



Dr. Jinesh Parmar
Assistant Professor,
Govt. Medical College and Sir T. Hospital Bhavnagar








: Organized by :

Department of Practice of Medicine

IQAC Cell- Swami Vivekanand Homoeopathic Medical College & Hospital-Bhavnagar-Gujarat.



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CME**Yoga for Holistic Health in Youth**

11-October-2025



03 :00 P.M. Onwards



Seminar Hall, College Campus

-Speaker-

PUJYA SADHVI DEVADITI JI

M.Tech.

Head, Patanjali Mahila Yog Samiti

Patanjali Yog Peeth

**: Organized by :****Department of Yoga**IQAC Cell- Swami Vivekanand Homoeopathic Medical
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Celebration of 150 Years of National Song



CME

PLAIN TALKS ON HOMOEOPATHIC MATERIA MEDICA



08-November-2025



12 :00 Noon Onwards



Seminar Hall, College Campus

-Speaker-

Dr. Paresh Patel

Senior Practitioner
Professor of Homoeopathic Materia Medica

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Saturday, 08/11/2025 12:21 PM GMT +05:30

Google



"Educational Visit" of Second BHMS at Infectious Disease Hospital



CME**INTEGRATION OF PATHOLOGY WITH PSPD (PSYCHOSOMATIC & PSYCHODYNAMIC)**

15-November-2025



03:00 P.M. Onwards



Seminar Hall, College Campus

-Speaker-**Dr. Niraj Sanchaniya**

BHMS, Senior Consultant

**: Organized by :****Department of Pathology**IQAC Cell- Swami Vivekanand Homoeopathic Medical
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(RISE) Participated in RESEARCH INTERACTION FOR STUDENTS ENRICHMENT ENHANCEMENT AND ENCOURAGEMENT





SYMPOSIUM / CME on "Combact AMR: Adressing Global Health Threat" By Dr. Rutnanshi Bhavsar and Dr. Twinkle Raval





Orientation Program for First B.H.M.S.(2025-2027) Student



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Monday, 17/11/2025 10:24 AM GMT +05:30



Educational Visit of First BHMS (2024-2026) Conducted at Healwell Ltd.- Kadi and Botanical Garden, Gandhinagar





Educational Visit by Second B.H.M.S.(2025-2026) Students at FSL, Gandhinagar



SEMINAR

PRESENTATION OF "AUDIO-VISUAL REPERTORY OF MIND RUBRICS"



02-December-2025



12:00 Noon Onwards



Seminar Hall, College Campus

-Presentation by-
Students of 2ND BHMS (2024-2025)Students of 4TH BHMS (2024-2026)

: Organized by :

Department of Homoeopathic Repertory and Case-Taking

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Tuesday, 02/12/2025 01:36 PM GMT +05:30Bhavnagar, Gujarat, India
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Educational Visit of fourth BHMS(2024-2026) Conducted at PHC-Valukad





Educational Visit of T.Y BHMS(2024-2025) Conducted at PHC-Valukad





Educational Visit by Second BHMS Student at District Court Bhavnagar



CME
Discussion on Applied Anatomy of Liver and Femoral Triangle

 | 06-December-2025

 | 03 :00 P.M. Onwards

 | Seminar Hall, College Campus

-Speakers-

Dr. Kishor Bhaliya
M.D.(Hom.)



Dr. Shruti Yagnik
M.D.(Hom.)




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Book Fair for First BHMS in Library of SVHMC





Educational Visit by Second BHMS(2024-2025) at Vartej Police Station, Bhavnagar



CME**CLINICAL EXAMINATION IN OBGY.**

10-December-2025



09:00 A.M. Onwards



Seminar Hall, College Campus

-Speaker-**Dr. Nidhi Patel**

M.S., FMAS

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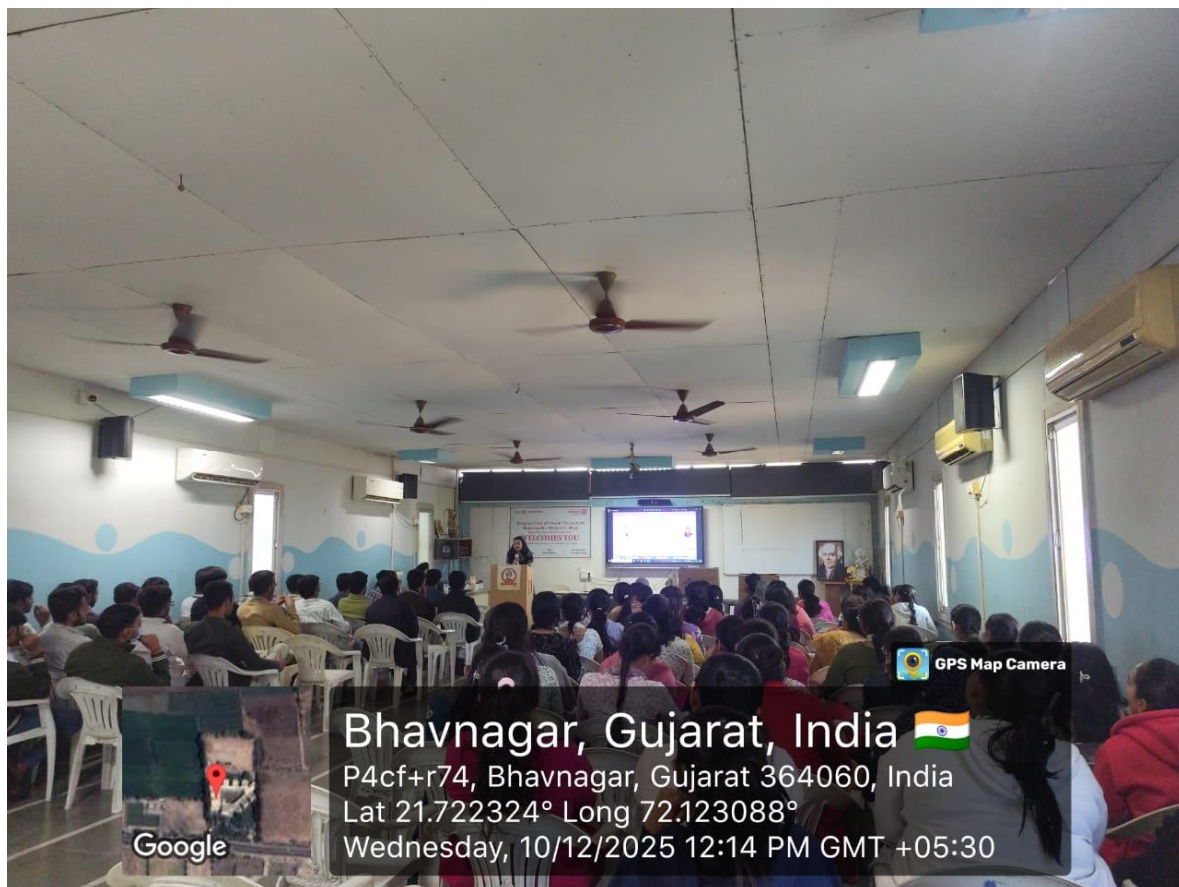
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Thalassemia Test for 1st BHMS(2025-2027) Student





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Workshop

Basic Life Support Training (Hands on) By Critical Care Physician

 28-December-2025

 09:45 A.M. Onwards

 Seminar Hall, College Campus

-Speaker-

Criticare Associates
Shree Bajrangdashapa Arogyadham



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